



# WAVES

The Official Newsletter of Vissanji Academy



MONSOON WALL



SONNET SHOWDOWN



CMCA - BEACH CLEAN UP



CICSE HANDBALL

www.vissanjiacademy.com

## The Natural Singer

On a pretty little throne  
Sat a bird very blonde  
She sang in such a tone  
That the swans left their pond



Soon after that  
The butterflies flew  
Up up away  
Till the wind blew

Whenever she sings  
The birds flap their wings  
And when they hear the rhymes  
The criminals stop their crimes



And the stars at night  
Shine very bright  
The fireflies gave out light  
OH! What a beautiful sight!

Guess who is the bird?  
It is the nightingale!



By - Anujna Rao 4C



## ELDROK INDIA AWARDS

"Eldrok India Awards " of Mumbai, shortlisted the top 9-10% of School leaders for awards out of a total of 800 School leaders. Our Principal Mrs. Alice Barretto was felicitated at Eldrok India K-12 Summit - 2024 & "India K-12 Awards" at The Lalit, Mumbai on 28th August 2024.

# Rain, rain come again. PVNS children love to play!



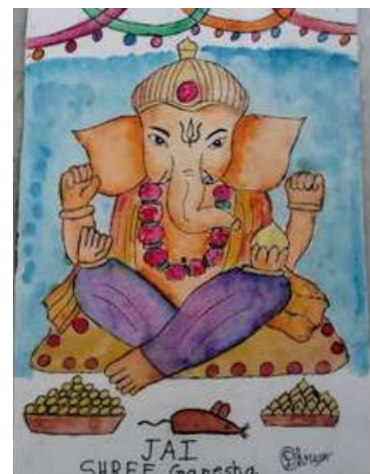
# Celebrating the Vibrant Festivals of India



## Festival of Ganesh Chaturthi

Ganesh Chaturthi is one of the most popular festivals of India. It is celebrated all over the world, like this year, it was also celebrated in Paris, Canada, etc. People bring the idol of Lord Ganesha and keep it at their house, decorating its place of seat as well as lighting the house. They make sweets and delicacies for Lord Ganesha. The idol is kept in the house for 1.5 days, 3 days, 7 days or even 10 days.

Having an historical importance, this festival was initiated by Lokmanya Bal Gangadhar Tilak to unite people of different communities, to awaken the patriotism and love for our nation, as a part of our freedom struggle movement. Wishing everyone a very happy Ganesh Chaturthi!



By Akshaj Patil, 6B

By Dhruvi Naik, 6C



# PARYUSHAN



## A Festival of Spiritual Reflection and Renunciation

Paryushan is a ten-day Jain festival dedicated to spiritual reflection and renunciation, observed by both Shwetambara and Digambar Jains. The festival is celebrated during the month of Bhadrapada (August–September) according to the Hindu calendar. This year, it was observed from August 31st to September 7th.

The origins of Paryushan Parva date back to the agrarian lifestyles of ancient India. During that era, people lived in small, scattered villages, and their livelihoods depended heavily on agriculture. After the monsoon rains and harvests, there would typically be a pause in agricultural activities. With the roads becoming treacherous and the proliferation of insects making travel hazardous, people chose to remain in their villages, avoiding unnecessary movement to prevent harming living beings. This period of inactivity provided an opportunity for self-purification, acquiring knowledge, and engaging in spiritual practices.

It is believed that the festival began in 6th century BC when the Jain teacher Mahavira taught his followers to embrace non-violence and focus on spiritual purity. Paryushan Parva, therefore, serves as a time to honor Mahavira's teachings and strive towards a more ethical and compassionate life.

The final day of the festival, known as Samvatsari, is of particular significance. On this day, Jains take a vow to adhere to the principles of Jainism for the coming year. They visit temples to offer prayers and seek blessings from the Tirthankaras. Jains greet one another by saying "Michhami Dukkadam," which means seeking forgiveness from all living beings for any harm caused, knowingly or unknowingly.

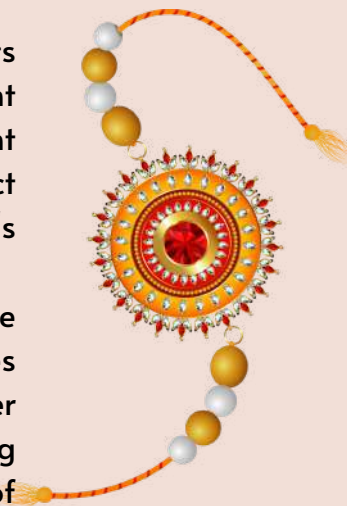
Hiya Shah, 10 C (Waves Editor)

## Rakshabandhan: A Festival of Mutual Respect

Rakshabandhan, a festival celebrated in every nook and croony of India, consists of sisters tying a rakhi around their brothers' wrists, symbolizing their commitment to safeguard each other. My favorite tale that depicts the origin of this vibrant festival is the story of Lord Krishna and Draupadi. Lord Krishna vowed to protect Draupadi after she tied a sacred thread on his wrist. This story reflects the festival's initial essence: the promise of protection.

Over the years, the meaning of Rakshabandhan has evolved significantly. While the focus was initially on the brother's duty to protect his sister, it now emphasizes mutual love and support between siblings. Today, the festival serves as a reminder that protection is a shared responsibility. Sisters, too, play a vital role in supporting and standing up for their brothers. Rakshabandhan now breaks the norm of traditional gender roles, celebrating the bond of love that siblings share, irrespective of who offers protection. The festival serves as an occasion for families to come together, celebrate shared values, and strengthen their bonds.

Thus, Raksha Bandhan has evolved from a promise of protection into a festival that celebrates the mutual love and respect among individuals. It is a reminder that the essence of relationships lies not only in protective promises but also in the respect, affection, and connections shared among us.



Divyanshi Divanji, 10 B

## ISRO Day: Celebrating India's Space Achievements

ISRO Day, also known as Indian Space Research Organisation Day, is celebrated annually on August 15th to commemorate the founding of ISRO in 1969. This day highlights India's achievements in space exploration and technology. Over the decades, ISRO has made significant strides in satellite technology, launch vehicle development, and planetary exploration, with notable missions to the Moon and Mars.

The organization's contributions have not only advanced India's scientific capabilities but have also played a crucial role in sectors like agriculture, weather forecasting, and disaster management. ISRO Day serves as a moment to honor the dedication of Indian scientists and engineers in the field of space research, and it aims to inspire future generations to pursue careers in science and technology.

Arfa Syed, 9B (Waves Editor)

## शिक्षक दिन

भारतात प्राचीन काळापासून गुरु- शिष्य परंपरा असून शिक्षक हे आम्हाला जगण्याचा योग्य मार्ग दाखवतात. योग्य दिशेकडे वाटचाल करण्यासाठी प्रेरित करतात. दरवर्षी 5 सप्टेंबर या दिवशी शिक्षक दिन साजरा केला जातो. भारताचे माजी राष्ट्रपती डॉ. सर्वपल्ली राधाकृष्णन यांच्या जन्म-दिवसाच्या निमित्ताने शिक्षकांप्रती सन्मान प्रकट करण्यासाठी हा दिवस साजरा केला जातो. 'गुरु:' यांचे प्रत्येकाच्या जीवनात महत्त्व असतं. समाजात त्यांचे एक विशिष्ट स्थान असतं. सर्वपल्ली राधाकृष्णन शिक्षणात विश्वास ठेवत असून ते एक महान दार्शनिक आणि शिक्षक होते. त्यांना शिक्षणाप्रती अत्यंत प्रेम होते. एक आदर्श शिक्षक म्हणून त्यांच्यात सर्व गुण विद्यमान होते. या दिवशी संपूर्ण देशात भारत सरकारद्वारे श्रेष्ठ शिक्षकांना पुरस्कार देऊन सन्मानित केलं जातं.

## Teacher's Day: Honoring Our Educators

Teacher's Day is celebrated worldwide to recognize the invaluable contributions of teachers in shaping society. While observed on different dates across various countries, the essence remains the same—expressing gratitude and respect to educators who inspire, guide, and nurture future generations.

In India, Teacher's Day is celebrated on September 5th, marking the birth anniversary of Dr. Sarvepalli Radhakrishnan, a renowned philosopher, scholar, and the second President of India. When asked to celebrate his birthday, Dr. Radhakrishnan suggested that it be observed as Teacher's Day to honor the teaching profession.

Teachers play a pivotal role not only in imparting knowledge but also in shaping character, building confidence, and fostering creativity in students. They are the cornerstone of society, helping students realize their potential and become responsible citizens. On this special day, students express their gratitude through various gestures such as organizing events, performances, and writing heartfelt messages.

At our school, Teacher's Day was celebrated on the 4th of September. A special lunch and a pani puri stall were arranged for all the teachers. The 5th of September was declared a holiday for both students and teachers.

Teacher's Day serves as a reminder of the profound influence teachers have on shaping the future and provides an opportunity to acknowledge their tireless efforts and dedication to education.

Nishi Sampat, 10C (Waves Editor)

## SONNET SHOWDOWN - POETRY BEYOND EVERYTHING

After a challenging round of eliminations, the Poetry Recitation Competition for Std. 1 and 2 was held on July 24th in the school auditorium. The students of Std. 1, 2, and 3 attended as the audience. In keeping with the season, the theme chosen was - Monsoon. The participants captivated everyone with their confident and well-prepared performances.

The purpose of this competition was to encourage healthy rivalry, promote stage performances, and mold confident, articulate students. It serves as a key step in understanding and appreciating the beauty of language through literary works.

Three students from Std. 2 served as emcees for the event, presenting a well-organized and streamlined program.



### MONSOON MAGIC

After the hot summer comes the rainy season or the monsoon season. It rains very heavily in July, August and September. We all wear raincoats, boots and carry umbrella to protect ourselves from the rain. The gardens are green and full of puddles. We see snails, earthworms and frogs in the gardens. The most amazing thing about monsoon is that I like to jump in the muddy puddles and splash all the water on my friends. We all get wet and dirty with mud. We also love to sail paper boat in the rain filled streams that flow along the street. Sometimes they sail for a very long time and sometimes they get wet and drown. We all love a steaming cup of tea or coffee along with hot snacks like roasted and buttery corn and vegetable fritters looking out of the window at the rain. "Chirp – Chirp" the sound of crickets and "Croak – Croak" the sound of frogs gets into our ears as the night falls. Monsoon is the lifeline for Farmers. Let us cherish the splendor of monsoon season and relish in the refreshing showers. When the rain drops falls, they not only bring water, but a sense of hope growth and renew the zest of life.

Lysha Shah - 4C



# OPEN HOUSE

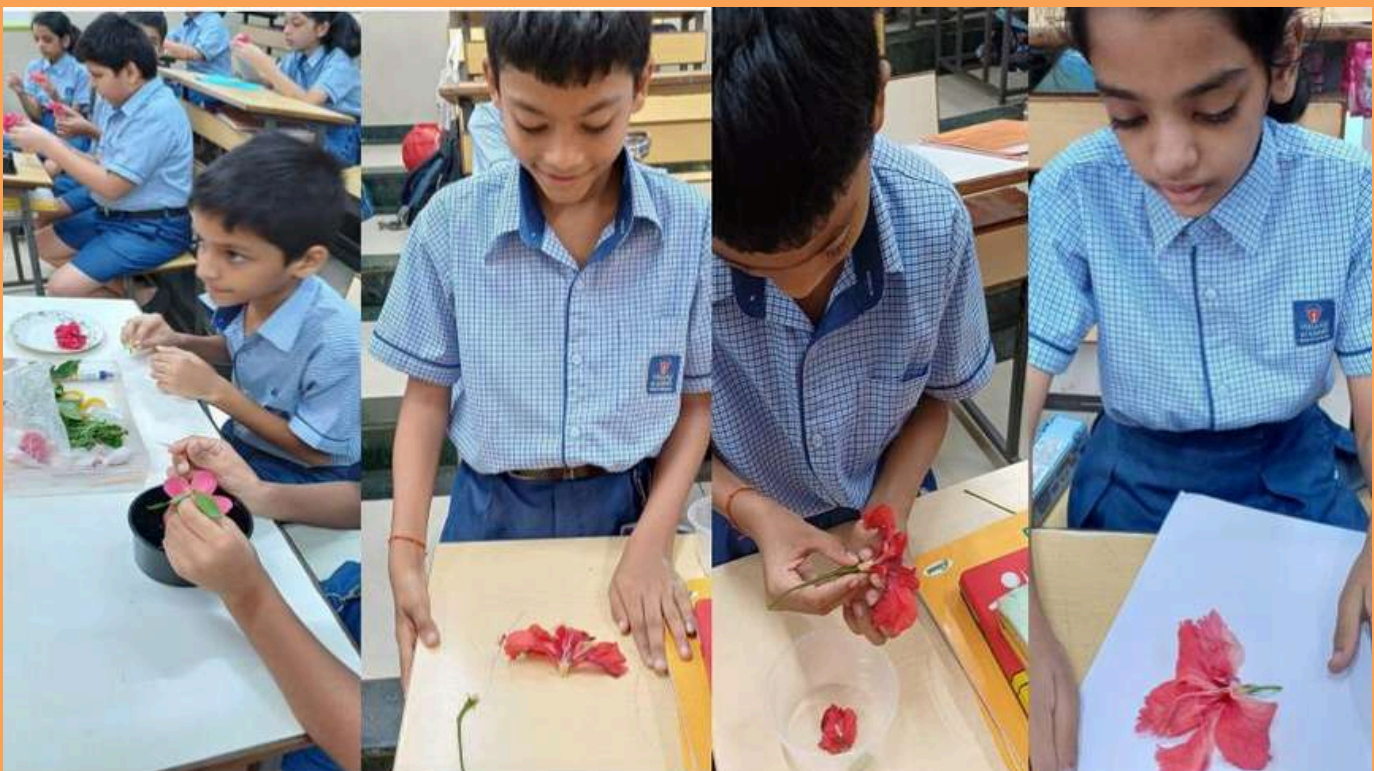


# Art Activity - Lapan Art



## Budding Biologist - Flower Power

Grade 5 students visualised the power of the flower. Dissection of the flower helped the students visualise its parts and understand one of nature's best creations.







# CLEANLINESS AND HEALTH

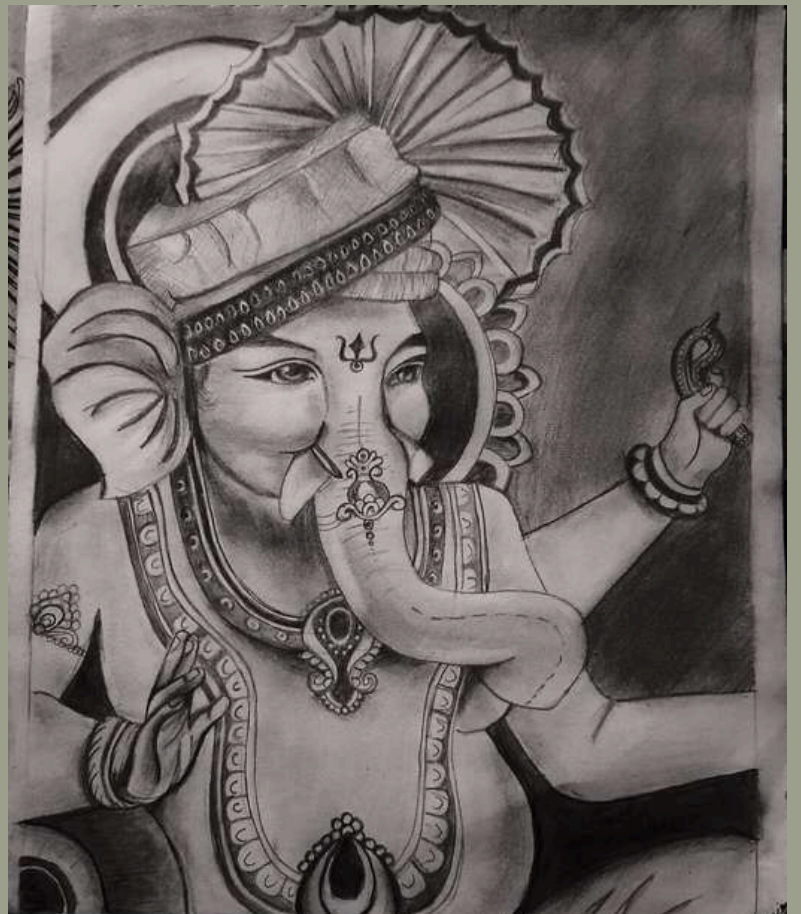
Little hands, big impact!

Our children of Std 2 created eye-catching posters spreading awareness about cleanliness and health





Artwork by Kritika Kedia 10A



Artwork by Durvi Sharma, 10A

# CMCA Beach Clean-Up Drive Report

On 13th September 2024, 24 students from Grade 7 participated in a beach clean-up drive at Juhu Beach, organized by the CMCA. The students were accompanied by Ms. Shaistha and Ms. Amruta. The event aimed to instill a sense of responsibility as informed citizens towards caring for Mother Earth.

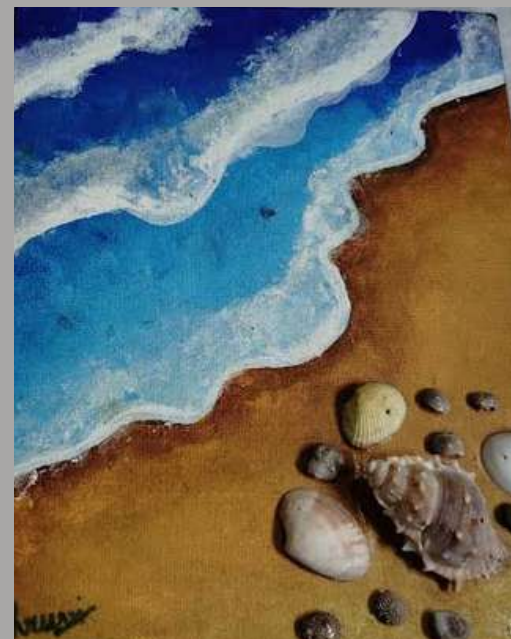


## GLOBAL SCHOLARS' FELICITATION CEREMONY

On September 19, 2024, the school auditorium hosted the Global Scholars' Felicitation Ceremony. The event celebrated the achievements of the 2023-24 Global Scholars and welcomed the new batch of scholars from Grade 7 for the 2024-25 academic year. The program featured a presentation by the outgoing scholars, sharing their learning experiences. The new batch was warmly welcomed with a handshake by their seniors, and the Principal felicitated the outgoing batch with certificates, offering words of encouragement. The ceremony inspired our new Global Scholars to strive for excellence.



## Paintings by Dhruvi Naik, 6C



# CISCE HANDBALL REGIONAL TOURNAMENT 2024

The CISCE Handball Regional Tournament was held from 22nd to 24th August 2024 on our school grounds. Multiple boys' and girls' teams from various schools participated in the event. Each match was filled with excitement and high energy, making for a thrilling tournament. Although the rain interrupted play at times, it did not dampen the spirits or the fun!

We are proud to announce that our school emerged victorious in both categories—the UI7 Girls' Team and the UI7 Boys' Team won their respective titles.

Congratulations to the winning teams and our dedicated coaches for their hard work and determination! Here are some glimpses of the tournament highlights.



# HANDBALL U-17 GIRLS TEAM WIN

I, Rashi Chheda, had the honor of representing my school in the CISCE Handball Regional Tournament from 22nd to 24th August, 2024. Our team had participated in this event last year as well, but this time, it carried a special significance—we were chosen to host the tournament. As the most seasoned player on the team, I had been visualizing our victory ever since last year's defeat. Every single player poured their heart and soul into our preparation. We rose with the sun each day, reporting for practice at 6:30 AM sharp. To add to the challenge, our summative exams were underway, which made balancing academic pressure and intense training a monumental task. However, our team stood as a pillar of support for one another, ensuring no one felt overwhelmed.

During the matches, the pressure was palpable, yet we handled it with composure. Match after match, we advanced with commanding leads. Then came the final—the most anticipated moment. We started strong, brimming with hope. As time passed, neither team managed to score. Finally, one of our players broke the deadlock with a goal. But in our eagerness to accelerate the game, the opponents equalized, and regular time ended in a draw. This led to an additional five minutes, but both sides remained scoreless. The game went to penalties.

Our five best players stepped up. I managed to score, but so did the opponents. The suspense was agonizing. With each penalty, my breath quickened. Then, the final shot approached—our last chance. We scored! I couldn't believe my eyes. My heart seemed to skip a beat. In that moment, we celebrated as if it was the match of a lifetime.

- Rashi Chheda, 10 A



# CISCE Handball National Selections 2024

We are proud to announce that the following students have been selected to represent our school at the CISCE Handball National Championship:

## Boys Under 17 Team

The following players have been selected to participate in the championship, which will be held from 4th to 7th October 2024 in Gorakhpur:

Aarav Hingad      Aashutosh Badiya      Nivaan Vyas

Standby Players:    Aarnav Vengali      Shaurya Bhandari

## Girls Under 17 Team

The following players have been selected to participate in the championship, which will be held from 1st to 4th October 2024 in Gorakhpur:

Rashi Chheda    Ishita Shinde      Mehek Kotian      Kritika Kedia

We extend our heartfelt congratulations to all the team members and wish them success in the upcoming championship. Special appreciation to our dedicated coaches, Mr. Arjun and Mr. Prashant, for their guidance and support.

Best of luck to our teams—bring home the trophy! 🏆



## CISCE NATIONAL TAEKWONDO MEET 2024

Venue: Disha Life School, Pollachi, Tamil Nadu

Date: 8th to 10th September 2024

The competition witnessed some exceptional performances from our athletes:

- Girls UI7 Weight Category (63-68 kg):
  - Felisha Joshi clinched the Gold Medal 🏆
- Boys UI7 Weight Category (73-78 kg):
  - Meherzad Mody secured the Silver Medal 🥈
- Boys UI7 Weight Category (51-55 kg):
  - Ranveer Singh put up a commendable effort but lost in the Quarterfinal match.



We are thrilled to announce that Felisha Joshi has qualified for the SGFI (School Games Federation of India) competition, which will be held in Madhya Pradesh from 9th to 12th November 2024.

Additionally, both the Boys' and Girls' UI7 teams have successfully reached the Finals.

Kudos to all our athletes for their hard work and determination! 🙌🙌

# Celebrating Success Beyond the Campus

## Ms Tanya Balsara

Ms Tanya is a proud student of Lady Vissanji Girls' Academy all the way from Nursery to when she passed her SSC in 1995 with flying colours. Although she is visually impaired, it has not stopped her from soaring high! She is thankful to the management and staff members of her school and college for all they did for her and their good wishes.

Today, she successfully runs the 'TANYA COMPUTER CENTER' at the MNB Home where she teaches others like her how to use computers. Life has never been easy for this young lady, but with courage and determination, she continues to face life with a positive outlook.

## OUR ALUMNI ACHIEVERS



## HOUSE POINTS

**Jokang - 179**

**Sera - 169**

**Ganden - 146**

**Drepung - 130**

### Dear Students,

We are excited to invite you to contribute to our school newsletter's **October** edition! You have the opportunity to showcase your talent by submitting self-composed articles, poems, jokes, and sketches. The finest submissions will be featured in the magazine. Send your work to our official email address at [waves@vissanjiacademy.com](mailto:waves@vissanjiacademy.com).

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